



Pre-Surgical Instructions

1. If your surgery is scheduled for the morning, **DO NOT EAT OR DRINK** anything after midnight the evening preceding the surgery. **IF YOU EAT OR DRINK ANYTHING AFTER MIDNIGHT, YOUR SURGERY WILL BE CANCELLED.**
2. If surgery is scheduled for the afternoon, **YOU MAY EAT A LIGHT BREAKFAST BETWEEN 5:00AM-6:00AM.** If you take regular morning medications, please take at this time.
3. You will need to arrive at the facility at _____.
4. If you take regular morning medications, take with a sip of water EARLY the morning of surgery. DO NOT take Insulin unless first discussed with your physician.
5. Bring a complete list of your medications or the prescription bottles with you on the day of surgery.
6. Discontinue taking aspirin or any prescription blood thinners **ONLY IF DIRECTED** by Dr. Sylvester. If instructed to discontinue taking aspirin or blood thinners, we recommend checking with your medical doctor before discontinuing these medications.
7. Notify the doctor if you experience any health changes between your last visit and the day of surgery.
8. Remember to shower or bathe at home the morning of surgery.
9. It is necessary for you to remove all cosmetics, including nail polish, before coming to surgery. Also remove contact lenses.
10. You may brush your teeth and/or gargle on the morning of surgery; however, DO NOT swallow the water.
11. Leave all jewelry and valuables such as watches and rings at home.
12. You may wear pajamas, duster and/or robe, or clothing that opens down the front.

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13. After surgery, you will remain in the surgical recovery room until you are ready for dismissal. Your approximate stay at the surgical center or hospital will be 2-3 hours.
14. After surgery, a bandage and eye shield may be placed over your eye. Do not remove this until you are seen in the office the following day.
15. You must make arrangements for someone to take you home following surgery, unless previous arrangements have been made. **YOU WILL NOT BE PERMITTED TO LEAVE ALONE.** This is for your comfort and safety.
16. If you decide to cancel your surgery, contact our office. A member of our staff will assist you in re-scheduling your appointment.